

YOU'RE NOT HOME ALONE

ISSUE 6

Dear colleague,

Welcome to the sixth edition of our newsletter, You're Not Home Alone. We want to provide useful information so please let us know if you want new topics included. Please do continue to send any pictures of any activities from our newsletter that your children have enjoyed doing – we've loved seeing so many. Just contact marketing@fostertalk.org or call **0121 758 5013**.

PLEASE FEEL FREE TO PASS THIS ON TO YOUR COLLEAGUES AND TO OTHER FOSTER CARERS.

Please Note: For the time being, this newsletter will replace SmallTalk until lock down is lifted.

DO YOU WANT TO BE INVOLVED IN A GROUNDBREAKING PROJECT?

We've been working on a new project for some time that will benefit foster carers in their communities. It's a new initiative that we want advice and input from you! We want to know what will benefit you and your family the most. We're looking for a group of 20 foster carers to form a focus group. You'd need to be happy to complete some short, online surveys and be happy to voice your opinion and suggest ideas that could benefit communities. If you're intrigued and want to find out more, please email us and we will be in touch with further information – enquiries@fostertalk.org

MBE CARERS WANTED!

Are you a foster carer who's been awarded an MBE? Would you be happy to share your story? We're looking for foster carers who have made the honours list to feature in our summer magazine. If you, or someone you know would be interested, please get in touch – marketing@fostertalk.org



EDUCATION QUESTIONS!

Has your child gone back to school this week? Are you uncertain about sending them back? Do you have lots of unanswered questions? Our Educational Expert Advisor, Phil Sharrock has offered to host some FREE virtual Q&A sessions for FosterTalk members. He'll answer all the education queries that you may have. If you are interested in this please email us at marketing@fostertalk.org with your email address and contact details and we will be in touch with event details.

HOME SCHOOL



Seneca is a free revision site for all age groups of children used by the top public schools as well as local schools. There are sections for pupils, teachers and parents to help you support your child during the revision process. It caters for all ages from Primary up to University level, [Click here](#) for more.



FREE RESOURCES



Early Years Resources - has a huge amount of FREE downloadable resources for you to use. From mini beasts to den making, literacy & story telling, dot to dot picture and a look into space! There really is something for everyone. Make a mask and then learn some phonics! Sound good? Have a look [Click here](#)



10 Virtual Tours Of The World's Most Famous Landmarks - It's going to be a while before we can see landmarks of the world in person as they're closed for now but you can still take an interactive online tour, to gaze over the edge of Machu Picchu and marvel at the Pyramids from every angle – enjoy taking a closer look [Click here](#)



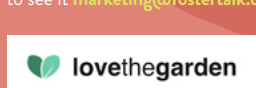
Coming back to school in a bubble is a lovely little book written and illustrated by Kezia Matthews. It explains going back to school to nursery, reception and year one pupils. It explains how different things will look and will be and what being in a bubble will mean for your children, how important cleaning hands is and why they won't be able to play with all of their friends as they used to, but they can still say "Hello!" We hope this helps ease your children to return to school [Click here](#)



NATURE

Why not get your children interested in nature by making your own bird feeder. Lovethegarden have provided all the information you need to know about making a safe bird feeder for your feathered friends with 5 items from your home [Click here](#)

Send us a picture of your creation! We'd love to see it marketing@fostertalk.org



SCREEN FREE IDEAS

Learning can be fun, but it is a strain to keep children interested and engaged. Here are 44 Outdoor Learning activities for 2 to 3 year olds to enjoy including painting with bubbles, water spray alphabet hunt, measuring Mother Nature [Click here](#) many more ideas.

A fun science experience which is also a treat involves a packet of skittles, a plate and some water. You can make a rainbow, heart or anything your little one wants to try – have fun and enjoy a treat afterwards. [Click here](#) for more ideas.



ARTS AND CRAFTS



The world of fairies and elves really is a magical place for children. They're so tiny they don't need a big home, in fact, they'd have plenty of room in a detergent bottle! Have a go at creating your own fairy house using a detergent bottle, gravel, glue, paint and a sprinkling of imagination! Have a go and send us a picture marketing@fostertalk.org

MARTIN JAMES FOUNDATION

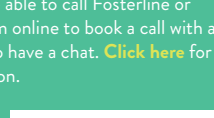
A huge thank you to everyone who took part and responded to our survey on Mental Health and children and young people in foster care. The information you provided has been very useful and we were overwhelmed by the response.



SUPPORT FOR OLDER CHILDREN

FosterTalk are working with Silver Lined Horizons to provide a space for young people to talk during this challenging time. All 11-18 year olds will be able to call Fosterline or complete a form online to book a call with a youth worker to have a chat. [Click here](#) for more information.

Fosterline
0800 040 7675
your fostering advice service



Kooth offers free, safe and anonymous online support for young people. [Click here](#) for more.

We've collected together a list of services available to young people. Have a look [here](#) and we hope they help the young people within your care to talk about their fears and concerns.

TAX ADVICE ALWAYS AVAILABLE

If any member of your household is worried about their finances and how everything works in these strange times please call us. If it's a question of getting a tax return filed we can also offer a fixed rate fee service to your family members. Our expertise is not simply limited to Foster carer tax returns, we can help with all aspects of personal tax to. Call us on **0121 758 5013** or email enquiries@fostertalk.org

Best regards
The FosterTalk team



www.fostertalk.org

Telephone 0121 758 5015 or email enquiries@fostertalk.org